



All Members and Associate Members are invited to:

**IMMDA 2015 World Congress**  
**Saturday, October 10, 2015 in Barbados**  
Barbados Olympic Center  
Garfield Sobers Sports Complex  
Willey, St. Michael, Barbados  
9am-5pm

**Registration and attendance is FREE for all Members and Associate Members!**

**Topic of the Day: Dealing with Heat at Long Distance Running Events**

**Schedule:**

**9am-9:15am: Welcome-** Lewis G. Maharam, MD, FACSM. Chairman IMMDA Board of Governors.

**9:15am-9:30am: President's Address-** W.Bruce Adams, MD. IMMDA President.

**9:15am-9:45am: Presentation of IMMDA Lifetime Achievement Award** by Drs. Adams and Maharam.

**9:45am-10:30am: Understanding Heat Illnesses and Treatment-** W.Bruce Adams, MD

**10:30am-10:45am: BREAK**

**10:45am-11:15am: Formulating a Heat Plan for an Event-** Lewis G. Maharam, MD, FACSM.

**11:15am-12:15pm: How we do it in Barbados-** Adrian Lorde MBBS, MSc.

**12:15pm-12:45pm: Dealing with Heat in Rio-** Paulo Afonso Lourega de Menezes, MD.

**12:45pm-1:30pm: LUNCH (not provided)**

**1:30pm-5:00pm: Separate Business Meetings of Members and Associate Members**

**5pm: Adjourn**

**6pm-9pm: IMMDA BBQ and SOCIAL-** Free to all Members, Associate Members, and their significant others! Directions to be supplied at the meeting.

**EVERYONE must PRE-REGISTER for this meeting by October 5, 2015. All attendees will receive a Certificate of Attendance at 5pm on conference day.**

To pre-register, send an email to [IMMDAnyc@aol.com](mailto:IMMDAnyc@aol.com) with your full name and title, profession, race you are associated with if any, full mailing address, preferred email address, and a contact telephone number (including Country Code).

By pre-registering you will automatically become an IMMDA Member or Associate Member.

**We look forward to seeing you in Barbados!**